



You can make a donation of any amount to honor an Associate with a Helping Hand award. The honored individuals receive a Helping Hand pin and certificate.

To recognize someone today, call 903-614-2024 or

Recipients Holding Certificates:

TOP ROW L-R: Kelsi Moody, 2 South; Lara Aguilar, 2 South;

Rachel Noble, 2 South. Brittni Plunk, 2 South

christusstmichaelfoundation.org

2ND ROW L-R: Dedra Stevenson, LDRP; Missy Fredrick, LDRP3RD ROW L-R: Arien Koloc, Credentialing

Antoinette Peters, Spiritual Care

BOTTOM: Whitney Friday, LDRP



THE CHRISTUS ST. MICHAEL OUNTAINTAIN (JALA













L-R: Ray & Mel Walsh; Drs. Tom & Emily Cutrer; Troy & Anna Marie Hornsby

BACK BY POPULAR DEMAND,

we welcomed the super group Emerald City Band to the 2018 CHRISTUS St. Michael Foundation Gala held on Friday, February 2, 2018. They electrified our audience with a combination of high energy dance songs from the past with the hits of today. The Emerald City Band have been voted "Entertainers of the Year" by the Dallas Morning News and D Magazine.

\$132,000 was raised in support of Programs, **Services and Equipment** for CHRISTUS St. Michael **Health System.**





FOUNDATION focus

THIS JULY AND AUGUST CELEBRATE

WACKY WEDNESDAY

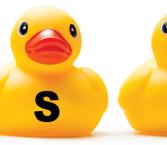














beautiful leautiful legacy

A memorial or tribute gift is a meaningful way to honor and celebrate someone important to you. Honor or remember a loved one by purchasing an engraved brick to be placed in either our beautiful Sisters' Park or Serenity Garden.

> To be a part of this legacy, commemorative bricks are available for \$100 per brick or three for \$250.

(Letter/line maximum per brick: 15 letters per line including spaces, 4 lines per brick).

HONOR A LOVED ONE TODAY BY CALLING 903-614-2024 OR VISITING CHRISTUSSTMICHAELFOUNDATION.ORG.

WATCH TXKTODAY.COM and facebook Wednesday July 25 and August 1 for a chance to win Six Free Ducks in this year's Great Texarkana
Duck Race!



EVENT T-SHIRTS ARE QUACK-IN FASHION!

Order your 2018 Great Texarkana Duck Race t-shirt by calling the Foundation office at 903-614-2024 or emailing cristy.lummus@christushealth.org. T-shirts are \$16 each.

ALL ADULT & YOUTH SIZES AVAILABLE!





WITH NO SIGNS OR SYMPTOMS, Sheila Farmer had no idea

she was waking up daily with a growing mass of abnormal cells in her breast. As she routinely reported to work each day, the tumor continued to do its own work. Fortunately, Sheila faithfully scheduled her yearly screening mammogram. Sheila knew routine screenings were important because what she couldn't see growing inside of her body, the radiologists and radiation techs at the CHRISTUS St. Michael Imaging Center could.

Just like she does every October, Sheila walked through the doors of the CHRISTUS St. Michael Imaging Center in 2017 for her mammogram. Shortly after her arrival, the radiologist identified a small mass that was only visible on the detailed breast images from the Hologic® Genius™ 3D Mammography™ exam. After a biopsy, Sheila was diagnosed with stage I invasive lobular carcinoma. "The tumor was the size of a pea ... no lumps ... no way of knowing," Sheila says. "If I hadn't had the Genius 3D exam, there's no telling when it would have been detected."

"The CHRISTUS St. Michael Imaging Center is proud to offer Hologic Genius 3D Mammography as the standard of care for all women undergoing screening exams at our facility," says Lisa Patterson, director of imaging services at CHRISTUS St. Michael Health System.

"This technology enables breast tissue to be examined layer by layer, helping to screen for cancer, determine if additional testing is needed or dismiss a false-positive with confidence. It is especially useful in examining younger or more dense breasts."

THE GENIUS EXAM

Three-dimensional tomosynthesis mammography detects 41 percent more invasive breast cancers, detects cancer 15 months earlier and reduces false-positive recalls by up to 40 percent as compared to conventional 2D mammography. "CHRISTUS St. Michael Health System has offered 3D tomosynthesis mammogram since 2012 as a tool for breast cancer detection," Patterson continues. "Three-dimensional tomo was previously used primarily for workup of a suspicious mass."

Now, a Genius 3D Mammography exam is covered by Medicare and a growing number of private insurers since both the states of Arkansas and Texas have recently approved use of this technology to provide routine yearly screening mammograms. "We are blessed to have this technology in our community," Sheila shares. "It's so scary how many women could walk around not knowing they have cancer. Now, we have the technology to better detect the disease."

Just three months after her diagnosis, Sheila completed her treatment, which consisted of surgery and radiation therapy. Although she is in remission, Sheila takes a daily hormone blocker and will return twice a year for a Genius 3D Mammography exam and magnetic resonance imaging (MRI) of the breast.

Because of a simple, yet groundbreaking image, Shelia is able to spend quality time she might never have had with her daughter, Whitney, and husband, Jerry. That's the kind of picture all of us at CHRISTUS St. Michael are blessed to see.

HEALTHIER TOWARD A HEALTHIER TOWARD A JULIA PECK MOBLEY

Julia Peck Mobley, CEO and Chairman of the Board for Commercial National Bank, covertly scrambled up the stairs at St. Michael Hospital as a young girl to visit her grandfather, P.D. Burton. The Lewisville, AR, timber man and sawmill owner suffered a stroke and was hospitalized for almost six months at St. Michael, where the Sisters of Charity of the Incarnate Word worked in concert with Mr. Burton's physicians for his recovery.

"Back then, children under a certain age were not supposed to be allowed in patient rooms," Ms. Mobley recalled. "Because my grandfather was in the hospital for a long time, I really missed him and my grandmother, Elizabeth, who stayed with him almost around the clock. I remember exactly where his room was on the second level in the northeast corner of the hospital. On several occasions, I snuck up the stairs to see him. At other times, I was allowed to wait quietly in a sitting room across the hallway from his room."

"I would see the Sisters coming in and out of his room," she said.
"The Sisters wore the full black and white habits back then, and I could hear their floor-length dresses rustling as they moved down the hallway. It seems the Sisters were always laughing and giggling when they would leave my grandfather's room. I don't know exactly what went on in that room to get the Sisters so tickled, but my grandfather was quiet a jokester. I do know my grandfather truly loved the Sisters and all they represented to our community."



Julia Mobley's Grandfather P.D. Burton who spent six months at St. Michael Hospital in order to recover from a stroke.

"Now, more than 100 years into this health care ministry, the legacy established by the Sisters remains a mainstay of not only the Texarkana community but the entire region," Mobley said. "Residents from miles around Texarkana trusted their care to St. Michael then as they do today. My family has always felt this is our hospital. In addition to my grandparents, my parents, George and Betty Peck, relied on St. Michael for their health care needs and supported the work of the Sisters. I am so proud the Sisters along with other visionaries had the foresight and commitment to invest in this community by building a new hospital at the current campus along I-30."

"Relocating the hospital was a brave move and was not without controversy," she explained. "I must say the building of the CHRISTUS St. Michael campus has undoubtedly been an unparalleled commitment to the people of the Texarkana region. Not only does St. Michael offer quality health care, but in the process, they provide jobs and contribute to the economic well-being of this community."

Julia's faith in the CHRISTUS St. Michael mission was further demonstrated in 1984 when she agreed to be one of the original members of the St. Michael Foundation, serving for many years. Her daughter, Helen, has continued in Julia's footsteps as a CHRISTUS St. Michael Partner in Philanthropy.

Even before her official capacity as a Foundation member, Julia felt closeness with the St. Michael Sisters and was grateful for the time she was able to spend with them. Sister Carmelita Brett, hospital administrator from 1973-1983, made a distinct impact on Julia. "Sister Carmelita was in charge," she said. "She was a strong leader, a blessed woman. She let her vocation and calling show throughout her administration. I could always call her, and she would give me wise counsel."

Over the years, Julia and her family have experienced the mission of extending the healing ministry of Jesus Christ at CHRISTUS St. Michael Health System firsthand from birth to end-of-life care. One of her three children was born at St. Michael Hospital and two of her three grandchildren were born at CHRISTUS St. Michael Health System.

A new addition to the Mobley Family arrived in September 2016. "My daughter-in-law's families came in from Santa Fe, New Mexico, and Austin, TX, for the birth of their granddaughter," Julia said. "They were so impressed with the hospital and the care provided not only to the patients but to the family members. Our family is very appreciative of what CHRISTUS St. Michael does on a daily basis and what it has meant to our community."



Julia Mobley, centered between Margaret Dickey and Sister Aloysius, at a meeting of CHRISTUS St. Michael Foundation.

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The complete listing of the 2018 Great Texarkana Duck Race will be in the January 2019 Foundation Focus.

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He's an eternal optimist and one of the nicest men you will ever meet. Chris Karam, FACHE, is not only the President & Chief Executive Officer of CHRISTUS St. Michael Health System but also the Chief Experience Officer for all of CHRISTUS Health. CHRISTUS is figuratively in his blood. He was born in a CHRISTUS facility, and his father owned a Dairy Queen in his hometown. The Sisters of Charity of the Incarnate Word who served at a hospital nearby would often stop by to cool off in the heat of summer. Knowing the Sisters vowed poverty, Chris' father would always give them free ice cream. Now, Chris has served with the Sisters of Charity for 31 years.

HE STRIVES EVERY DAY TO MAKE SURE THAT HE NEVER FORGETS THAT THE SISTERS ENTRUSTED HIM TO HELP SUPPORT THEIR FOUNDING MISSION OF EXTENDING THE HEALING MINISTRY OF JESUS CHRIST.

He hopes to inspire all other CHRISTUS St. Michael Associates to do the same. Whether treating a heart attack patient or responding to a natural disaster, Chris believes we all have our part to play in making our world better.

"It's up to us to make the best out of whatever situation we are handed. To stay positive, I remember that bad things happen through the centuries, but it is people who work through it. Our Sisters faced great adversity when they came to start the ministry in Texas, but now it's our time. We are the leaders, and we can make the best out of bad situations. Wouldn't you rather take control of your own destiny as opposed to giving someone else that control? It's not one person declaring something; it's a combination of individuals coming together to do great things and create a greater experience as well as lead the next generation to do the same"

#weareHishands

FINDING THE PERFECT TEMP.

NEW PURCHASE FOR NICU ENSURES EACH FEEDING IS ALWAYS SAFELY DELIVERED WITHIN THE IDEAL HUMAN PHYSIOLOGICAL TEMPERATURE

Through the Beck Trust Estate, the CHRISTUS St. Michael Foundation purchased two Deluxe Penguin Nutritional Warmer Four Wells for the Neonatal Intensive Care Unit (NICU).

"These warmers are considered standard of care for NICUs and provide a way to thaw and warm breast milk in a way that conserves the nutritional value of the breast milk- eliminating subjective temperature assessments and delivering standardized results every time. The milk is warmed to the correct neutral temperature so there is no risk of delivering milk that is too warm to an infant, creating a safer environment for our patients. Therma-liners are used and ensure complete isolation for the feeding and the NICU from microbes and contaminates," said NICU Manager, Rebecca Barr.

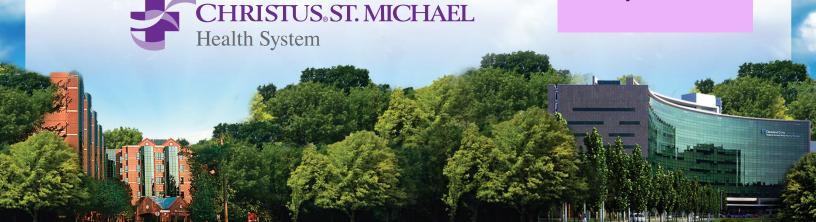




OUR CONTINUED RELATIONSHIP WITH THE NUMBER ONE HEART PROGRAM IN THE NATION.

Over the years, the CHRISTUS St. Michael Foundation has supported the Cleveland Clinic Affiliation with the help of donors like you. Recently, the CHRISTUS St. Michael Health System has amended its agreement with Cleveland Clinic's Sydell and Arnold Miller Family Heart & Vascular Institute. Through this relationship, Cleveland Clinic will be available for case reviews and second opinion requests to provide continued access to the latest in cutting-edge technologies and techniques to residents in the Ark-La-Tex Region. Cleveland Clinic's Miller Family Heart & Vascular Institute is one of the largest cardiovascular specialty groups in the world, offering patients expert medical management and a full range of therapies.

"We are excited to continue our relationship with Cleveland Clinic and further accelerate mutual accomplishments in cardiovascular and thoracic treatment to provide the highest level of patient care," said Chris Karam, President/CEO, CHRISTUS St. Michael Health System.



WE'RE MAKING A REAL DIFFERENCE

In this past year, the CHRISTUS St. Michael Foundation has purchased the following equipment:

- Video Conferencing Equipment for the TelePediatric Program for Pediatric Paitions in the Emergency Department
- 2 Nu Step 45000 Recumbent Cross Trainers for the Cardio/Pulmonary Rehabilitation Program
- For our Neonatal Intensive Care Unit (NICU):
 - Deluxe Penguin Nutritional Warmer Four Wells
 - 15 CareFusion Oxygen Blenders
 - Pulse OX Upgrades
- 2 Gastroscopeas for CHRISTUS St. Michael Rehabilitation Hospital
- Supported the Twin Cities Kid's Triathlon
- Cardiac/Pulmonary Rehab Telementry Expansion
- Tourniquet Instrument and Cuff Set
- High Def Diagnostic Bronch Scope

HIGH-TECH LIFELINE NOW AT CHRISTUS ST. MICHAEL

Thank you to our generous donors, Barbara Yates and James Freeman, for supporting the Children's HealthSM Telemedicine for CHRISTUS St. Michael Health System. By bringing the caliber of Level I Trauma Center expertise found at Children's Health of Dallas to patients right here at CHRISTUS St. Michael Health System and CHRISTUS St. Michael Hospital-Atlanta, Children's Health Telemedicine services provide a high-tech lifeline for children in emergency situations and helps keep families close to home by reducing the need for transport. Through the Children's HealthSM of Dallas Telemedicine services, Children's HealthSM is providing virtual pediatric emergency medicine consultations to hospitals, health

systems and freestanding facilities across the state. Children's HealthSM
Telemedicine offers immediate access to the only academic pediatric health system in North
Texas.



SHARE YOUR STORY.

Each person touched by CHRISTUS St. Michael Health System has a unique and compelling story to tell. Stories about our personal experiences can stretch our hearts and help us to heal.



Your stories are the most powerful and inspirational tools we have to show others the impact the CHRISTUS St. Michael Foundation is having throughout our community.

Share your story at christusstmichaelfoundation.org under "Our Donors," "Share Your Story" or by calling Cristy at 903-614-2024.





A HEALTHIER CHRISTMAS FOR OUR YOUNGEST PATIENTS

Thanks to our generous donors, the CHRISTUS St. Michael Foundation was able to support the purchase of 15 CareFusion Oxygen Blenders for our Neonatal Intensive Care Unit. The ability to provide mixed air and oxygen in a safe, easy and controlled manner is becoming increasingly important in NICU care. When a newborn infant requires resuscitations at birth or anytime throughout their hospital stay, too much oxygen can ultimately be harmful. This device provides oxygen blended with air so that only the amount of oxygen required by the infant is provided.



Continuing their Christmas tradition,
Company Dance produced their
Christmas Spectacular and donated
the proceeds to the CHRISTUS
St. Michael Health System
Neonatal Intensive Care Unit.

MORETHAN PINK

On March 28, 2018, the Arkansas Affiliate of Susan G. Komen distributed 19 grants to Arkansas organizations. This year marks the 24th year for the Komen organization to award grants to programs around the state working in the fight against breast cancer.

"We are always proud of the opportunity to help the women in our state with grant funds," said Arkansas Mission Director Karolyn Taylor. "Our grants are a direct result of the hard work of our volunteers and the generosity of our supporters. The recipients of these funds were chosen because their innovative, evidence-based projects aligned with one or more target priorities identified in the 2015 Komen Arkansas Community Profile."

The CHRISTUS St. Michael Foundation was awarded a grant of \$80,431 to benefit the Breast and Cervical Care Outreach Program at CHRISTUS St. Michael Health System.

During the 2017-2018 Susan G. Komen grant year, CHRISTUS St. Michael Health System provided services to 426 patients.





Our Mission: To extend the healing ministry of Jesus Christ

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YOUR GIFTS ARE THE FOUNDATION OF ALL WE DO.

Help continue our work through a gift to our endowment. There are a number of charitable gift and estate planning strategies that can benefit you and build our endowment.

CHARITABLE BEQUEST - Make a future gift to our endowment in your will or trust.

BENEFICIARY DESIGNATIONS - Make a future gift to the endowment from your financial accounts, retirement accounts or life insurance.

CHARITABLE LIFE ESTATE - Deed your property to us for the endowment and reserve lifetime use.

CHARITABLE LIFE INCOME PLANS - Make a gift to the endowment and enhance your financial security. To learn more about how you can make a significant gift to endow our future, please contact us.

FOUNDATION ENDOWMENTS:



Susan Landreaux, CFRE Executive Director 903.614.2448



Cristy Lummus, CFREDevelopment Coordinator
903.614.2024

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CHRISTUS St. Michael Unrestricted Endowment

Janell Robbins Nursing Scholarship Endowment

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